VICKSBURG HIGH SCHOOL



School Nutrition Director Sarah Dyer - 321-1033

BULLDOG GRAB n' GO

Variety of options offered daily (Located in the Bulldog Express)

Salad (Chef) or (Grilled Chicken)

Ham or Turkey Sub Sandwich

Charcuterie Box

Chicken Wrap (Spicy or Regular)

Strawberry or Grape PB & J

Fast Fuel

*Options subject to change. Substitutions will be provided.

This institution is an equal opportunity provider.

Check account balance and make deposits at www.familyportal.cloud

Menu is Subject to Change

SEPTEMBER 2023 DAILY MENU

Cheeseburger & Pizza AVAILABLE DAILY!

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8/28	FRESHMAN ONLY - Bosco Sticks
8/29	Pizza Crunchers - Spicy Chix Sandwich
8/30	Fiestada Pizza - BBQ Rib Sandwich
8/31	Quesadilla - Meatball Sub
9/1	No School - Labor Day Weekend
9/4	No School - Happy Labor Day!
9/5	McVic Bagel - Chix Sandwich
9/6	Steak Quesadilla - Pizzeria Pizza
9/7	Philly Cheesesteak Sandwich - Bosco Sticks
9/8	Italian Combo Sub - BBQ Rib Sandwich
9/11	Corn Dog - Bacon Cheeseburger
9/12	Calzone - Chix Bacon Sandwich
9/13	VHS Potato Bowl - BBQ Rib Sandwich
9/14	Mini Pancakes w/ Sausage - Chix Sandwich
9/15	Chicken Tenders - Spicy Chix Sandwich
9/18	Pizza Sub - Mozzarella Sticks
9/19	Fiestada Pizza - Steak Quesadilla
9/20	Crispito w/ Chips & Cheese - Popcorn Chix
9/21	Pulled Pork Sandwich - French Bread Pizza
9/22	Bosco Sticks - Spicy Chix Sandwich
9/25	Chix Parm Sandwich - Pizza Crunchers
9/26	Meatball Sub - Corn Dog
9/27	Burrito - Spicy Chix Sandwich
9/28	French Toast w/ Sausage - Chix Sandwich
9/29	Chix Bacon Sandwich - Calzone

Welcome Back & Bulldogs!

VARIETY OF FRESH FRUITS & VEGGIES OFFERED DAILY

Baby Carrots

Grapes

Broccoli Florets

Bananas

Celery

Apples

Melon

Oranges

DAILY HOT VEGETABLE

Monday - Broccoli

Tuesday - Baked, Black or Refried Beans

Wednesday - Corn

Thursday - Potato

Friday - Carrots

BULLDOG HOT BAR



Breakfast - Free Lunch - Free

Meals include a choice of protein, grain, vegetable, fruit and milk.

Extra entrée Items will be charged at \$2.50 each or \$4.00 for a complete second meal. Please call the School Nutrition Office with questions.