

VICKSBURG MIDDLE SCHOOL



LUNCH MENU

School Nutrition Director
Sarah Dyer - 321-1033

VARIETY OF FRESH FRUITS & VEGGIES OFFERED DAILY

| | |
|------------------|---------|
| Baby Carrots | Grapes |
| Broccoli Florets | Bananas |
| Celery | Apples |
| Melon | Oranges |

DAILY HOT VEGETABLE

Monday – Corn

Tuesday – Potatoes

Wednesday – Carrots

Thursday – Baked, Black or Refried
Beans

Friday – Broccoli

This institution is an equal opportunity provider.

**Check account balance and make deposits
at www.familyportal.cloud**

SEPTEMBER 2023

DAILY MENU

Hamburger, Cheeseburger, & Bosco Sticks
AVAILABLE DAILY!

| | |
|------|--------------------------------------|
| 8/28 | Chicken Nuggets |
| 8/29 | Mozzarella Sticks |
| 8/30 | Stuffed Crust Pizza |
| 8/31 | Walking Taco |
| 9/1 | No School - Labor Day Weekend |
| 9/4 | No School - Happy Labor Day! |
| 9/5 | French Toast w/ Sausage |
| 9/6 | Galaxy Pizza |
| 9/7 | Quesadilla |
| 9/8 | Pizza Crunchers |
| 9/11 | Bacon Cheeseburger |
| 9/12 | Pancake Wrap |
| 9/13 | Chicken Patty Sandwich |
| 9/14 | Soft Shell Tacos |
| 9/15 | French Bread Pizza |
| 9/18 | Cinnamon Pancakes w/ Sausage |
| 9/19 | Popcorn Chicken |
| 9/20 | Soft Pretzel w/ Cheese Dip |
| 9/21 | BBQ Sandwich |
| 9/22 | Meat Lovers Pizza |
| 9/25 | Chicken Tenders |
| 9/26 | Stromboli |
| 9/27 | Stuffed Crust Pizza |
| 9/28 | Walking Taco |
| 9/29 | Spicy Chicken Sandwich |

**Welcome
Back
Bulldogs!**

BULLDOG GRAB n' GO

*Variety of options offered daily
(Located in the Bulldog Express)*

**Peanut Butter & Strawberry
Jelly**

Peanut Butter & Grape Jelly

Salad

Fast Fuel

Muffin & Yogurt

Turkey Sub Sandwich

**Options subject to change. Substitutions
will be provided.*

Breakfast - Free Lunch - Free

Meals include a choice of protein, grain,
vegetable, fruit and milk.

Extra entrée Items will be charged at \$2.50 each
or \$4.00 for a complete second meal. Please call
the School Nutrition Office with questions.